



WAUPUN

SENIOR CENTER *newsletter*



October 2016 | Issue 2 | Volume 20

LEARN MORE ABOUT THE SCHOOL REFERENDUM

The Waupun Area School District will be asking voters' permission to borrow funds not to exceed \$36 million on Tuesday, November 8, 2016.

What will be on the ballot Tuesday, November 8?

The \$36 million referendum will address aging infrastructure, safety, security, and handicapped accessibility projects at all four schools. These projects include creating secure entrances, replacing boilers and mechanical controls, window replacement, parking lot repair, as well as other maintenance items. The money will also be used to improve the educational environments at all the schools by renovating classrooms, creating flexible learning environments, ensuring our facilities are age-appropriate, and building a new track, soccer field, and tennis courts at the high school.

Why propose this plan now?

- This plan addresses high-priority facility needs related to our aging schools while being good stewards of taxpayers' funds.
- It maximizes the retirement of existing debt from the construction of the high school almost 20 years ago without increasing taxes above the current level of debt service.
- It creates learning environments that facilitate college and career-readiness programs to support programs in manufacturing, agriculture, business, the medical field, and technology.

This plan responds directly to community input provided by the 17-member volunteer Facilities Advisory Committee and the 1,206 completed community-wide surveys!

Dr. Tonya Gubin, Superintendent, will at the Senior Center on October 21st at 9:00 am to provide more information and answer questions.



CITY OF WAUPUN



**When: Saturday,
October 29th from
4:30—6:30pm**

STAY ACTIVE

BILLIARDS

Let's get ready for the winter pool league season to begin! Pool League starts on Tuesday, November 1st. \$10 to shoot in singles league. Each player will shoot against the other players twice throughout the season. Season length will be determined on the amount of players. Winners based off of total wins. Use the month of October to practice. We have two 8' pool tables and pool equipment that can be used anytime the Senior Center is open.

Register for league play by Tuesday, October 25th by signing up on the league list located on the pool room bulletin board.



PICKLEBALL

A fun, easy to learn game that relates to tennis, badminton, and ping pong. Played on a court smaller than a tennis court. This game is serious fun in a laid back noncompetitive environment.

Instructors and equipment provided. Free!

When: Tuesdays at 6:00pm

Where: West End Park Tennis Courts, 200 Beaver Dam Street

Too Cold, Rainy, or Windy?

We will play pickleball indoors!

Location:

The Union Youth Center Gymnasium
located at 421 Jackson Street

YOGA STRETCH

Yoga Stretch will move your whole body through a complete series of seated and standing yoga poses with chair support. Feel free to adapt each pose to your ability and range of motion. This quiet setting will also promote personal reflection and meditation. Beginners can join anytime. Please wear tennis shoes and silence your cell phones. When Rachel is gone, Yoga Stretch will be instructed by friendly and experienced YMCA of Dodge County staff. Please wear comfortable clothing and tennis shoes. Feel free to bring a water bottle and take a break whenever you wish.

When: Mondays & Thursdays from
10:30—11:15am

MOBILE SERVICES

TRANSPORTATION

Transportation for ages 60+ within the city limits of Waupun to medical appointments, hair appointments, restaurants, the Waupun Senior Center, and more! Multiple stops can be scheduled in 15 minute or more increments. Riders must be able to navigate two steps safely to board the vehicle. Van can seat up to nine passengers.

Cost: \$1.00 each trip.

Rides must be scheduled the day before by noon by calling 324-7930. Rides can be scheduled as early as 9:00am. The last non-medical ride is at 2:00pm and the last medical ride appointment is at 3:00pm.

MOBILE MEALS

To be eligible to receive delivered mobile meals, individuals must be 60 years of age or older or married to someone 60 years of age or over, be frail or homebound, unable to cook for themselves or have someone in home to assist them in cooking. To see if you or someone you know is eligible please call 920-929-3113. This service is brought to residents of Waupun by the Fond du Lac County Department of Senior Services. Residents living in Dodge County are also eligible to receive mobile meals service if they qualify.



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Mondays & Fridays 8:00 am - 11:30 am
 Join us at the Y for only \$4 and participate in all the benefits of a member! Use the Wellness Center, pools and participate in member-free classes. Call 887-8811 or visit us on the web at www.theYdc.org for information.




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SERVICES

BENEFIT SPECIALISTS

Are you paying too much for your Medicare Prescription Drug plan? Do you check your drug plan every year to make sure it is the right one for you? It's that time of year again, the Annual Enrollment Period. It simply means if you would like to make a change to your current Medicare Part D prescription drug plan or change your Medicare Advantage plan, you have a window of opportunity to do so between October 15th and December 7th. All those plans start over with new looks every January 1st. It is extremely important to be watching your mail for plan information on your current plans which usually comes around the end of September, first part of October. The plans can change monthly premiums, annual deductibles and co-pays. If for whatever reason you do not like what is happening with your current plan for the coming year you can make a change to something that will better suit you.

Julie Hilbert the Senior Benefit Specialist for Fond du Lac County will be at the Waupun Senior Center on October 18th from 9:30am to 11:30am for people **60 years of age or older living in Fond du Lac County**. Please call 324-7930 to schedule your appointment.

Amanda Higgins, Elder Benefit Specialist for Dodge County will be at the Waupun Senior Center on October 18th from 8:30am to 11:30am for people **60 years of age or older living in Dodge County**. Please call ADRC of Dodge County 920-386-3580 to schedule an appointment. Medicare packets are available at the Senior Center and must be completed before your appointment.

FLU SHOT CLINIC

It's not too late to get your flu shot! The flu vaccine is recommended every year. Flu clinic brought to us by the Fond du Lac County Health Department. Please bring insurance cards that you show at medical appointment with you. Vaccines are covered by Medicare Advantage Plans, Medicare Part B or Medicaid. Fond du Lac County Health Department will submit your claim. Out of pocket cost is \$30 for the standard flu vaccine or \$50 for the high dose flu vaccine for individuals age 65+.

When: Wednesday, October 5th from 11:30am—12:30pm

Where: Waupun Senior Center

FOOT CARE CLINIC

Foot assessment and toenail trimming by Fond du Lac County Health Department. At the Waupun Senior Center. All appointments are with a registered nurse.

When: Wednesday, October 5th and Wednesday, October 19th

Appointments start at 8:20am and each appointment is 20 minutes long. Last appointment starts at 10:40am.

Cost: \$25.00/appointment.

Must register one day prior at the Waupun Senior Center or call 324-7930. Space is limited. Appointments can be made several months in advance.

HELLO

A MESSAGE FROM RACHEL KAMINSKI, WAUPUN PROGRAM DIRECTOR, YMCA OF DODGE COUNTY



Hello from home, everyone! On Monday, September 5, Matt and I welcomed our daughter, Kubly! She was born one week early at 7lbs 5 oz and 20.5 inches long. We are all doing well and enjoying every minute. Thank you to everyone who called and sent cards. We really appreciate all of the thoughtfulness and well wishes.

I will be stopping by and bringing baby Kubly to the Senior Center on Thursday, October 6th at 10:00am. Feel free to stop by and say hello.

I will be back to the Senior Center fulltime later this month. I look forward to seeing everyone and catching up!

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Nursing Home & Rehab Facility

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- Housekeeping & Laundry
- Private Rehab Suites

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ELDER LAW

- Wills and Estate Planning
- Deeds of Residence to Children
- Durable Powers of Attorney
- Real Estate
- Probate

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HOLIDAY SPECIAL

*First Three Months

CLUBS

OCTOBER CRAFT WORKSHOP: PUMPKIN CARVING

Come to the Waupun Senior Center to decorate a pumpkin and collect pumpkin seeds for roasting! Sponsored by Heritage Farms of Columbus.

When: Tuesday, October 25th at 10:00am

All crafters **must** pre-register by Friday, October 21st by calling 324-7930 or registering at the Senior Center office.

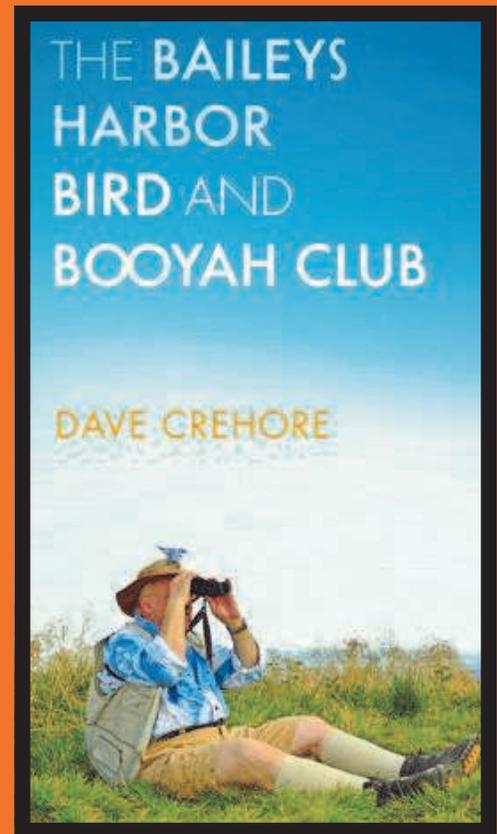


QUICK READ BOOK CLUB

Our current book is *The Baileys Harbor Bird and Booyah Club* by Dave Crehore, 157 pages.

“Open this book and you are in Door County, Wisconsin, strolling down Coot Lake Road--a one-lane, dead-end gravel track just a few miles from Baileys Harbor and the Lake Michigan shore. Along the way you meet George and Helen O'Malley, who are growing old gracefully. Russell, their brave and empathetic golden retriever, wags hello and offers you a paw to shake. The Olsons and the Berges live just down the road. Bump Olson is the local septic tank pumper and birdwatcher extraordinaire, and Hans Berge, MD, PhD, was at one time the only Norwegian psychiatrist in Chicago--or so he says. Dave Crehore's sketches of life on the Door peninsula also expound on: the delights of codfish pizza, how to insult Canadians, what to expect at your fiftieth high school reunion, how to lose a school board election, the prevention of creeping old-fogyism, Marilyn, a buxom eight-pound smallmouth bass and what goes on in the winter, when no one is there.” Source: goodreads.com

Pick up your copy TODAY at the Waupun Senior Center and join us on Friday, October 14th at 10:00am for coffee and book discussion.



KNIT-WITS

Join us for some social knitting to make new friends and share ideas. . Just bring your own materials and stop by. Stop in we'd love to meet you and see your current project!

When: Wednesdays from 6:30—8:30pm at the Waupun Senior Center.

GENEALOGY CLUB

Bring your family photos, letters, and information to share and discuss methods of research and organization. This is a go at your own pace club that beginners can join at anytime.

When: Wednesday, October 5th at 10:00am

OCTOBER 2016 LUNCH MENU

LUNCH PROGRAM

The Senior Center lunch program is brought to us by Fond du Lac County Senior Dining Program with the goal of providing one hot, nutritious meal containing 1/3 of daily dietary needs.

When: Monday—Friday at noon

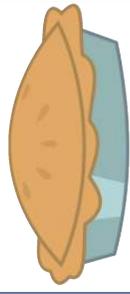
Eligibility: Ages 60+ or married to someone 60+

Mobile Meals: To see if you or someone you know is eligible please call 920-929-3113.

Registration: Required one day in advance by noon by calling 324-7930 or registering at the Senior Center front desk.

Cancellations: If you must cancel due to illness or an emergency, please call the Waupun Senior Center at 324-7930 as soon as possible.

Suggested Donations: \$3.00 at the Senior Center \$3.50 mobile meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Swiss steak Mashed Potatoes Mixed Vegetables Fruited Gelatin Fudge Brownie Sliced Bread	4 Ham Rolls Squash Cole Slaw Pineapple Tidbits Cinnamon Roll Dinner Roll	5 Baked Spaghetti Italian Blend Veggies Cantaloupe Slice Cookie Sliced Bread	6 Chicken Marsala Bake Potato Spinach Salad with Raspberry Vinaigrette Birthday Cake Seedless Grapes Dinner Roll	7 Hamburger on a bun Cheesy Potato Bake Petite Banana Cookie
10 Pork Jaegerschnitzel Mashed Potatoes Baby Carrots Chocolate Banana Torte Applesauce Sliced Bread	11 Beef Stroganoff Casserole California Blend Veggies Apple Slices Ice Cream Cup Dinner Roll	12 Baked Chicken Garlic Mashed Potatoes Three Bean salad Egg Custard Pie Seedless Grapes Sliced Bread	13 Crispy Fish fillet German Potato Salad Green Beans Watermelon Slice Cookie Rye Dinner Roll	14 Swedish Meatballs Mashed Potatoes Peas and Carrots Applesauce Cake Pear Slices Sliced Bread
17 Chicken Breast Mashed Potatoes Summer Blend Veggies Fruited Gelatin Vanilla Pudding Sliced Bread	18 Pepper Steak Baby Red Potatoes Chinese Ramen Salad Rainbow Sherbet Apple Slices Dinner Roll	19 Roast Beef Mashed Potatoes Swiss Spinach Peach Slices Cookie Sliced Bread	20 BBQ Pork Cutlet Baked Potato Western Corn Apple Pie Honeydew Melon Dinner Roll	21 Chicken and a Biscuit Casserole California Blend Veggies Mandarin Orange Gelatin Frosted Cake
24 Meatloaf Sour Cream and Chive Potatoes Peas and Pearl Onions Cantaloupe Slices Cinnamon Roll Sliced Bread	25 Baked Chicken Twice Baked Style Potato Copper Penny Salad Sugar Cookie Pineapple Tidbits Dinner Roll	26 Hawaiian Meatballs Baby Red Potatoes Tossed Salad Cream Sicle Torte Plum Halves Sliced Bread	27 Country Fried Steak Mashed Potatoes Pickled Beat Salad Applesauce Ice Cream Cup Dinner Roll	28 Smoke sausage Baked Potato Spinach Salad with Hot Bacon Dressing Coconut Cream Pie Seedless Grapes Sliced Bread
31 Chopped Steak in Burger and Mushroom Sauce Mashed Potatoes Mixed Vegetables Pumpkin Cake Honeydew Melon Sliced Bread	All meals are served with milk and/or water.			

OCTOBER 2016 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 10:30am Yoga Stretch 1:00pm Euchre	4 9:00am Hand & Foot Cards 1:00pm Sequence 6:00pm Pickleball	5 8:20am Foot Clinic 10:00am Genealogy Club 11:30am Flu Clinic 1:00pm Sheepshead 1:00pm Arizona Pool 6:30pm Kint-Wits	6 9:00am Marbles 10:00am Kubly Visit 10:30am Yoga Stretch 1:00pm Sheepshead	7
10 10:30am Yoga Stretch 1:00pm Euchre	11 9:00am Hand & Foot Cards 1:00pm Sequence 6:00pm Pickleball	12 1:00pm Sheepshead 1:00pm Arizona Pool 6:30pm Kint-Wits	13 9:00am Marbles 10:30am Yoga Stretch 1:00pm Sheepshead	14 10:00am Book Club 1:00pm Bingo
17 10:30am Yoga Stretch 1:00pm Euchre	18 8:30am Benefit Specialist Dodge Cty 9:00am Hand & Foot Cards 9:30am Benefit Specialist FDL Cty 1:00pm Sequence 6:00pm Pickleball	19 8:20am Foot Clinic 1:00pm Sheepshead 1:00pm Arizona Pool 6:30pm Kint-Wits	20 9:00am Marbles 10:30am Yoga Stretch 1:00pm Sheepshead	21 9:00am Learn about the School Referendum
24 10:30am Yoga Stretch 1:00pm Euchre	25 9:00am Hand & Foot Cards 10:00am Craft Workshop 1:00pm Sequence 6:00pm Pickleball 	26 1:00pm Sheepshead 1:00pm Arizona Pool 6:30pm Kint-Wits	27 9:00am Marbles 10:30am Yoga Stretch 1:00pm Sheepshead	28
31 10:30am Yoga Stretch 1:00pm Euchre	SCHEDULE IS SUBJECT TO CHANGES Please call to 324-7930 to register and verify.			

RENTALS

The Waupun Senior Center is a large space for parties, anniversaries, wedding receptions and showers! To reserve call 324-7900 or stop by City Hall to check availability and pick up an application. Amenities: Refrigerator/freezer, microwave, stove, 30 cup coffee maker, handicap accessible seating and serveware for 80 people, free WiFi, and more!

Weekdays: 5:00pm—9:00pm Rental Fee: \$50.00

Weekends & Holidays Rental Fees: \$50.00 (4 Hours) or \$75.00 (8 Hours)



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THOUGHTFUL
ESTATE PLANNING

CARD GAMES

1ST SATURDAY EUCHRE TOURNAMENT

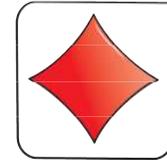
September Scores:

- 1st Place: Marion Klawitter
- 2nd Place: Elaine Koehn
- 3rd Place: Charle Mersch
- 4th Place: Lynn Tavs
- Half Time Score: David Mannig
- 55 players competed in September from 13 different towns!

**Next euchre tournament is on
Saturday, October 1st at 1:00pm!**

Registration, snacks and beverages at 12:30pm!
\$5 entry fee! Multiple prizes!

October Euchre Tournament sponsored by:



MONDAY EUCHRE

25¢ to play! Every
Monday at 1:00pm.

September High Scores:

- ♠ Lynn Tavs (60)
- ♠ Eleanor Hacht (56)
- ♠ Dale Hintz (51)



Fine dining and cocktail lounge!

Specials:

Wednesday—Ribs

Thursday—French Onion Tenderloin

Friday—Fish Fry

Saturday—Prime Rib

Sunday—Game Day Specials

Location: 735 S Watertown Street, Waupun

Phone: 920-345-1800

Owners: Scott and Michael Brittain

Email: thebrittainhouse735@gmail.com

Facebook: Brittain House Supper Club

JACK OF ♦ SHEEPSHEAD

25¢ Jack of Diamonds
Sheepshead is on
Wednesdays at 1:00pm.

September High Scores:

- ♦ Ron Harmsen (94)
- ♦ Jerry Harmsen (91)
- ♦ Bob Kastein (85)

BLACK ♣ SHEEPSHEAD

\$1 to play Black
Queens! Thursdays at
1:00pm.

September High Scores:

- ♣ Marie Wellhouse (95)
- ♣ Dave Hussle (90)
- ♣ Russle Goegensan (88)

HALLOWEEN GAMES II

Y W I T C H D Y R A C S J W K
 W J A C K O L A N T E R N C D
 L H E G G H O S T H S K A R E
 N R E T S N O M A P K L O E I
 O O S U E D R L I R B J P B B
 T O U V M R L D P S E Z V O M
 E B O Z V O E G B G H C A T O
 L A H L W R I E N A W F M C Z
 E T D E Y A R A Y E Y J P O S
 K S E T A E R T R O K C I R T
 S N T K K O Q E Y I O T R J O
 I Y N X L U W D P X O Z E O Q
 K M U E S O N T I N P S K F B
 M N A U L A L V C M S X K C P
 J E H F C T F J K T G B N N B

WORD SEARCH

HALLOWEEN	BLACK
OCTOBER	ORANGE
SPOOKY	CANDY
SCARY	TRICK OR TREAT
GHOST	HAUNTED HOUSE
VAMPIRE	JACK O LANTERN
WEREWOLF	BOO
WITCH	SPIDER
ZOMBIE	BATS
SKELETON	MONSTER

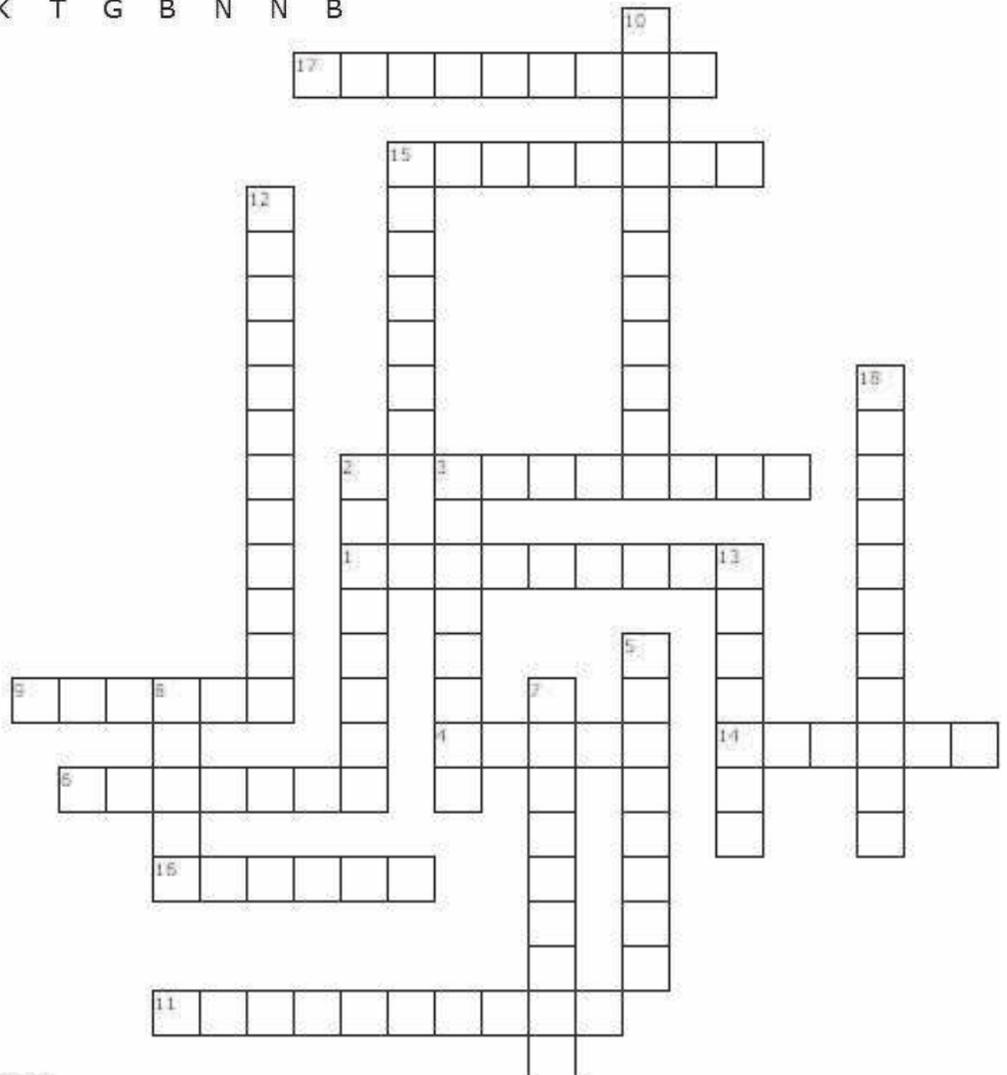
CROSSWORD

ACROSS:

1. Place where coffins are stored
3. Place where the dead reside
4. Board used to contact spirits
6. Name for supernatural creature
9. A small mischievous creature
11. Evil natured person
14. Mistress of the dark
15. Inner structure of the body
16. Carried by the Grim Reaper
17. Often found in a corn field

DOWN:

2. A witch's friend
3. Used by witches for making brew
5. Noisy tool used to cut
7. A bright flash in a storm
8. He waits for the Great Pumpkin
10. Ghost that causes disturbance
12. He created a monster from all parts
13. Bladed tool for cutting
15. Old Celtic name for Halloween
18. Don't say his name three times



BINGO



Join us for free bingo at the Waupun Senior Center on **FRIDAY, OCTOBER 14th at 1:00PM.**

Sponsored by SIA Insurance.



SEPTEMBER WINNERS

Extra Card: Rita Ossmann, Kathy Welk, Bev Kastein, Carol Novice



Lunch Voucher: Beatrice Te Grootenhuis, Elaine Daane, Rachel Novice, Doris Laurain

\$5.00: Rachel Novice and Morris Te Grootenhuis



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Kate Burk



Jordan Sterk



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