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# City of Waupun

201 E. Main Street  
Waupun, WI 53963  
Phone: 920-324-7900  
Fax: 920-324-7939

*"Wild Goose Center of Wisconsin"*

The Waupun Recreation Board will meet on **Monday, November 25, 2013** at 6:00pm in the Waupun City Hall, Council Chambers.

## Agenda

### Old Business:

1. Consider for Approval August 26, 2013 Meeting Minutes
- 2.

### New Business:

1. Discussion and Possible Action on Senior Center
- 2.

### Other:

1. Set Next Meeting Date
- 2.

It is possible that members of, and possibly a quorum of members of other government bodies of the municipality, may be in attendance at the above-mentioned meeting to gather information. No action will be taken by any governmental body at the above-mentioned meeting other than the governmental body specifically referred to in this notice.

Please note that upon reasonable notice, efforts will be made to accommodate the needs of disabled individuals through appropriate aids and services. For additional information or to request this service, call the City Clerk's office at (920) 324-7900.

Cc: Recreation Board Members  
Mayor and Common Council  
City Administrator Clark  
City Attorney VandeZande  
Department Heads  
Media



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## Waupun Board of Recreation Minutes of Meeting August 26, 2013

The Waupun Recreation Board met Monday, August 26, 2013 at 6:00 pm in the Council Chambers with Chairperson Rick Vant Hoff presiding. Members present are Des Hull, Mike Johnson, and Julie Nickel. Members Kelly Hraban and Abby Buwalda are absent.

Motion Johnson, second Nickel to approve the minutes of the June 24, 2013 meeting of the Recreation Board. Motion carried.

Discussed: Playground equipment for the Waupun Baseball Complex. No action. Possibly a future consideration.

Discussed: Community Garden. No action. Community garden's still active on the west side of the city.

Discussed 2014 Recreation Budget: Capital outlay budget includes Pine Street Park Shelter and Improvements to the Dodge Park Shelter.

Next tentative meeting is scheduled for September 23, 2013.

Motion Nickel, second Johnson duly carried the Board adjourned.

Kyle J. Clark, City Administrator/Treasurer



# Grafton Senior Center

**Grafton Senior Center**  
1665 7th Avenue  
Grafton, WI 53024  
262-375-5311

Volume 11, Issue 6

November and December 2013

## 55 Plus Equals Fun!

**Senior Coordinator**  
**Karin Sevener**

ksevener@village.grafton.wi.us

**Assistant**

**Janelle Herbrand**

jherbrand@village.grafton.wi.us

**Monday - Thursday**

**9 a.m. - 3:30 p.m.**

**Friday 9 a.m. - 1 p.m.**

Grafton Dining / ADRC 2

Health & Wellness 3

Fireside Trips 4

November Calendar 5

December Calendar 6

Trips / Events 7

Parties / Classes 8  
Friendship Club

Meal Site Calendar 9

### Points of Interest

- \* Free Hearing Screenings
- \* Christmas Card Workshop
- \* Crime Prevention Talk
- \* Over 50 Basketball

*Member of:*

Wisconsin Association of Senior Centers (WASC)  
Wisconsin Park & Recreation Association (WPRA)

### Senior Friendship Club Officers

**President:** Ceil Albers

**Vice President:** Pat Baumann

**Secretary:** Nancy Milbauer

**Sunshine:** Doris Schmidt

**Crafts:** Lu Newberry

### Senior Meetings

Find out what events are coming up, voice your suggestions, and meet new friends. Next meeting date: **November 14, 1:00 p.m. and January 16, 1:00 p.m.** Enjoy musical entertainment by Ray Titze at the Senior Meeting on November 14.

### Sign-in Policy

Please swipe your membership card at the podium near the east side entrance each day you visit the Center. Visitors are asked to sign the guest book.

### 2014 Senior Membership

Please note our policy requiring ALL users of the Grafton Senior Center to show proof of membership. Fees for **2014** will remain at \$15.00 for Village of Grafton residents and \$25.00 for non-residents. Each member will receive a swipe card to sign in. Five dollars of the fee will go to the Grafton Senior Friendship Club with the remainder to help offset some of the operational costs of our building. Thank you.

### Welcome New Members!

**David Meinholz**  
**Jackie Meinholz**  
**Connie Henke**  
**Wendy Shaw**

### Recent Events



Eagle Scout Candidate, Christopher Grisholm, pictured with his grandmother, Lu Newberry, donated his time and skill creating four new benches and patio furniture to the Senior Center to complete his Eagle Scout project! Thank you!



These ladies can dance AND bring smiles and warmth to the hearts of others! Our own Silver Belles, visiting with residents of Anita's Garden in Port Washington. Above, Joan Hawig-Kohl visiting with two residents. Below, Doris Musfeldt, Anita's Garden resident and Grafton Senior Center member with Ceil Albers, Silver Belle.



## WE WANT YOU!!!

To join us for lunch! Monday-Friday

### Grafton Dining News and Events

Ozaukee County has a meal site at the Grafton Senior Center and provides delicious meals catered by **Taher Co. of Brown Deer Monday - Friday**. The cost of our meal is a donation to the program. Dessert and Coffee included with lunch. Catch up with friends and meet new neighbors. Call **Lynn**, our Nutrition Site Manager, **one day in advance at 262-483-1362** by noon. First time diners get a free lunch.



### Upcoming Lunch Events:

November 1 Mealsite CLOSED for training  
 November 11 A.D.R.C. Specialist 11-12:30  
 November 21 Lunch and BINGO  
 November 28/29 Closed for Thanksgiving  
 December 12 Movie and Lunch  
 December 18 Christmas Party  
 December 24/25 Closed for Christmas  
 December 26 Lunch and BINGO

### Aging and Disability Resource Center of Ozaukee County is coming to the Grafton Senior Center.

To increase the outreach efforts to community seniors, the A.D.R.C. of Ozaukee County will have a staff person here from **11:00 a.m. - 12:30 p.m.** Staff will answer questions about services or resources available to help you stay healthy and independent. **Next date: Monday, Nov. 11. FREE!**

**BINGO LUNCH - November 21 and December 26.** Lunch at noon. Bingo to follow sponsored by Comfort Keepers.

**Packer Fridays** Come for lunch and get a number for Sunday's game. Winner will receive a free lunch. Wear your green and gold!



### Thanksgiving Dinner Wednesday,

November 20, 12:00 p.m. Come wish your friends a "Happy Thanksgiving!" Sign-up with Lynn.



### Movie and Lunch Thursday, December 12, 10:00

a.m. **Home for Christmas, A Golden Christmas 3**, G, 88 min. Heather is a charming free spirit whose self-absorbed fiancé Roger never seems to hear a word that comes out of her mouth. Bobby, a naval officer, comes home from serving overseas, to start a new chapter in his life. Both Heather and Bobby long to meet someone who makes them feel like they are at home in this world. Thanks to two golden retrievers, Bobby's 11 yr. old niece, Myra, and a fun-filled theatre production of 'A Christmas Carol,' these two unlucky and unlikely people end up falling in love at Christmas. **Sign-up with Lynn for the movie and stay for lunch.**



### Christmas Party Wednesday, December 18, 11:30

a.m. Appetizers, lunch and special Christmas surprises! Sign-up with Lynn.

## Ongoing Activities

### Thursday Night Sheepshead

Play starts promptly at 7:00 p.m. We suggest arriving any time after 6:00 p.m. to ensure a spot, as set-up time needs to be completed by 7:00 p.m. Please call Ron and Fay Scheel at 377-3040 for more information.

### 500 and Canasta

Do you or someone you know play 500? Canasta? 500 is now played on Tuesday afternoons at 1:00 p.m. Call Ruth Patterson with any questions 377-1757. Canasta is played on Tuesdays at 1:00 p.m. Please join us!

### Needlework (Many hands make light work)

Thank you to everyone who has donated yarn! Donations of any color or length are appreciated. We have a group of talented, caring seniors who enjoy knitting hats and booties for newborns at hospitals, gifts for nursing homes, and necessities for those less fortunate year-round. Please consider joining them on **Thursday mornings at 9:00 a.m.**

### Calling All Crafters

Crafters meet on Mondays at 1:00 p.m. in the dining room. Thank you to Lu Newberry, Peter Swatek, Carol Polster, Nancy Milbauer, Pat Baumann and Lucy Prucca for all of their hard work to make the Center look nice.

### Dominoes

**Chicken Foot** is a fun dominoes game that is easy to learn and can be played with different numbers of players. No partner is needed and there is no pressure to win.

**Mexican Train** is a fascinating and challenging dominoes game. Domino sets are available in the dining room so you may play any day of the week. Rules for both games are available in the dining room.

### Golden Tones Chorus Volunteer needed!

Looking for someone to attend performances with a Santa hat and pass out candy canes. Starts the week before Thanksgiving. See Sarah Roesch, director, for all performance dates!



The Golden Tones Chorus is a mixed choir. Rehearsals are held on Tuesdays from 9:30-10:30 a.m. Fee is \$1 per rehearsal. New voices are always welcome! Come and try it!

### Thank you Volunteer Leaders!

**500:** Ruth Patterson. **Bingo:** Ann Haugstad and Lu Newberry. **Sheepshead:** Ron and Fay Scheel. **Crafts/Decorating:** Lu Newberry, Carol Polster, Nancy Milbauer, and Pat Baumann. **Dominoes:** Carol Polster. **Parties:** Pat Baumann, Lu Newberry, Lucy Prucca. **Bridge:** Elaine Kortenhof. **Meal site:** Pat Baumann, Lu Newberry, Janet Traxel, and Norb Studelska. **Generations Online Computer Help:** Frances Bigari. **Wii:** June Vickstrom.

### BINGO

Bingo is played on the last Thursday of the month at 1:00 p.m. We provide easy finger slider boards. Sponsored by Comfort Keepers, Grafton.

## Health and Wellness

### Senior Exercise Class

Stop in and visit our most popular class. Our instructor is Evelyn Nowak. Classes are held every Monday, Wednesday and Friday morning from 10:30-11:30 a.m. Class fee is only \$1 whenever you come. The first half of class includes seated stretches, use of therabands and light hand weights followed by low impact aerobics to music. Fun!

### Silver Belles

These ladies love to dance! They are part of the Senior Exercise class and perform for retirement homes, assisted living centers, nursing homes, etc. The group is choreographed by Evelyn Nowak.

### FREE Blood Pressure Checks

Wednesday, November 6 & December 4, 9:30-10:30 a.m. Meadowmere Northshore in Mequon is proud to sponsor free blood pressure checks on the first Wednesday of the month.

### Toe Nail Trimmers Foot Clinic

At the Grafton Senior Center from 9:30 a.m. - 2:00 p.m. Tuesdays, November 12 and 26 and December 10 and Monday, December 23. Cost is \$25 for a 30 minute appointment. Call ahead to make a reservation.

### Wii

Come Play Wii and meet our awesome volunteer, June! She will teach you how to play. Wii is fun, improves your range of motion, standing and balance, endurance, posture and socialization. Play virtual bowling, golf, tennis, baseball and more! Open gaming is on the third Thursday of the month from 10:00-11:00 a.m.

### Fitness Room

The Fitness Room is OPEN to all members of the Grafton Senior Center for no extra fee! All users are required to sign a waiver and sign up for an orientation to learn how to use the equipment correctly. This is a great improvement to our Center and will help keep our seniors healthy and active!

### Shuffleboard

Keep active this winter! Sign up to be a substitute player on Wednesday mornings at 9:30 a.m. It is a fun and easy game to learn. We will not play on days with inclement weather.

### Free Hearing Screenings

Thursday, December 5, 9:30 a.m. - 2:00 p.m. Anne Bellotti, an Avada Hearing Specialist will be here to perform free hearing screenings, clean hearing aids and register participants for a free amplified phone through the TEPP program. Screenings take about 15 minutes. Sign-up in the office or by calling the Grafton Senior Center at 375-5311. Light refreshments will be provided.

### 2013 Grafton High School Pool Hours

**ADULT LAP SWIM** - September 17 - December 21 at the Grafton High School Pool. Tuesday & Thursdays 6:30-8:00 p.m.

#### EVENING SWIM FEES FOR SENIORS

Senior Rate = 55 and older. Punch Card Fees: Resident: \$25 for 10 visits (Save \$5) or \$50 for 20 visits (Save \$10). Non-resident: \$35 for 10 visits (Save \$5) or \$70 for 20 visits (Save \$10). Daily Fees: Resident \$3. Non-resident: \$4  
**NEW Early Morning Lap Swim-October 8—December 19** Tuesday and Thursday, 5:15 - 7:00 a.m. \*Morning Swim Punch Cards are available at the GHS pool.

**AQUA DYNAMICS** and **DEEP WATER AEROBICS** classes are held on Tuesday and Thursday evenings from 6:30 - 7:30 p.m. at the Grafton High School Pool. Instructors: Jan Hill and Evelyn Nowak. Next session: **NOVEMBER 5 - DECEMBER 19** (No class Nov. 28 & Dec.10). Session 1 of 2014 begins **JANUARY 2**. Fee: \$42 residents, \$53 non-residents. Sign up now at Grafton Parks and Recreation office, 675 N. Green Bay Road, Grafton. 262-375-5310.

### Over 50 Basketball - Tuesdays, 7:30-9:00 p.m.

November 5, 2013-February 25, 2014 (no basketball on December 24 & 31). 1/2 court basketball, H-O-R-S-E, Free throw shooting and more. Bring a light and dark colored shirt to play at Grafton Elementary School Gym, 1900 Washington Avenue, Grafton. Fee: \$3.00 per night.

### Hearing Aids Today-Not What They Used to Be,

~~Tuesday, November 12, 1:00 p.m.~~ Please join Dr. Armona Nadler-Strick, Doctor of Audiology, from Medical Hearing Associates, as she offers an overview on hearing, hearing loss, and current ways modern hearing aids are improving the user's ability to hear and understand conversation in a variety of listening environments. Sign-up in the office. Free.

### Crime Prevention Presentation

Wednesday, November 20, 2:00-3:00 p.m.

This session will focus on preventing the growing problem of financial fraud, which robs people of their assets and their financial well-being. More than 30 million Americans are victimized each year, and the problem is getting worse with the advent of Internet and automated telephone technology. The losses are estimated at more than \$50 billion each year. Victims are people of all ages, walks of life, and education, though; in many cases older Americans are most vulnerable. **Join Officer Joel Dhein, Crime Prevention, Public Relations Officer, for this presentation on Avoiding Investment Scams, Senior Scams & Cons and Grandparent Scams.** Learn the most common persuasion tactics evident in a variety of fraud schemes. Education can help to prevent crime! Sign-up in the office or call 375-5311.

**Concordia University Pharmacy Students Need Your Help.** Stay tuned for service projects where local college students and professors can help you better understand Over The Counter medicines and other pertinent topics.

# The FIRESIDE Dinner Theatre

## A Fireside Christmas

Thursday, November 21 and Wednesday, December 11. Depart 8:15 a.m.

For almost 20 years The Fireside has presented the area's most beautiful and original musical revues in celebration of the most joyous holiday of the year. Each year their Christmas offering has become, without question, the most popular and sought-after show of the season. It's always gorgeous; it's always entertaining; it's always filled with inspiration and love. It always has a new look, a new sound, new music, new choreography, new costumes, new settings and a new, fabulous cast of performers. What doesn't change from year to year is their everlasting dedication to artistic quality and the true meaning of Christmas. Menu: Fresh Atlantic Diver Scallop surrounded by a Gulf Shrimp skewered with a Fresh Asparagus Spear resting on Tomato Beurre Blanc Sauce. Fresh Baked Breads. Jones Cherry Wood Smoked Premium Ham with Golden Rum Raisin Sauce. Served with Escaloped Potatoes au Gratin, Pineapple and Pecan Soufflé, Fresh Broccoli Polonaise and Carrot Coins Vichy. Almond Lace Basket filled with Fresh Fruits, Whipped Cream and a Chocolate Santa presented on Crème Anglaise enhanced. Coffee, Tea and Milk. \$87 per person.

### 2014 Shows!!!

## Solid Gold 60's

Thursday, January 23. Depart 8:15 a.m.

The Fireside kicks off its spectacular 50th Anniversary with a return to the most exciting decade of all—the 1960's! From the creator of last season's wildly popular live band revue - Sizzlin' 60's—comes a brand new tribute to a time that defined a generation and changed the music scene forever. We barely scratched the surface of this eclectic, vibrant, eccentric, creative, and electrifying period. Solid Gold 60'Ss continues the journey with music and comedy from the era's biggest names. We'll feature great rock bands such as The Beatles, The Beach Boys, The Rolling Stones, The Supremes and much, much more! We'll relive the Vegas sound of Sinatra and his Rat Pack. In addition we'll pay homage to the great comedy and variety TV shows such as Laugh-In; The Smothers Brothers and Sonny and Cher. Featuring Fireside favorite Steve Watts and the renowned Fireside Band as well as a cast of talented singers and dancers, this is a show jam-packed with fun and entertainment that you'll only find at The Fireside! Menu: TBA. Cost: \$89, due December 20th.

## Mary Poppins

Wednesday, March 12. Depart 8:15 a.m.

The Fireside is proud to be the first professional theatre in Wisconsin to present a sparkling new production of this beloved Tony Award winning musical. The world's favorite "practically perfect" nanny comes alive on the Fireside stage serving up more than a spoonful of delightful music, dancing, and laughter that will transport and enchant audiences of all ages. Direct from Broadway and the National Tour, The Fireside's production of Mary Poppins features all the well-known popular songs, high-stepping dancing, and a treasure chest full of magic and mirth! The whole family will enjoy this dazzling and beautiful musical fable. There is only one word to describe this unforgettable production—"Supercalifragilisticexpialidocious!" Cost: \$89. Menu TBA.

*Fiddler on the Roof, Thursday, May 8.*

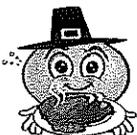
*Driving Miss Daisy, Thursday, July 10.*

*Smokey Joe's Café, Wednesday, August 6.*

*Les Miserables, Thursday, September 11.*

**A Fireside Christmas, Thursday, November 20 and Wednesday, December 10.**

# November 2013

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:00 Hand and Foot 9:30 Email 10:45 Cell Phone Pics. 10:30 Exercise
4 9-11 <b>Steppin' On</b> 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	5 9:30 Chorus 1:00 Canasta 500 Sheepshead	6 9:30-10:30 <b>Blood Pressure Check</b> 10:30 Exercise 12:30 Ceramics 1:00 Cribbage Bridge Dominoes	7 9:00 Needlework 1:00 <b>DKG</b> 1:00 Sheepshead 7:00 Sheepshead	8 9:00 Hand and Foot 9:30 Email 10:45 Cell Phone Pics. 10:30 Exercise
11 <b>9-11 Steppin' On</b> 10:30 Exercise <b>11:00 A.D.R.C. Specialist</b> 1:00 Bridge Dominoes Scrapbooking	12 9:30-12 <b>Foot Clinic</b> 9:30 Chorus <b>1:00 Medical Hearing Assoc.~LL</b> 1:00 Canasta 500 Sheepshead	13 10:30 Exercise 12:30 Ceramics 1:00 Cribbage Bridge Dominoes	14 <b>Branson trip departs</b> 9:00 Needlework 1:00 <b>Senior Mtg. w/ Ray Titze performing</b> 1:00 Sheepshead~LL 7:00 Sheepshead	15 <del>9:00 Hand and Foot</del> <b>9:30-11:30 Texting Workshop</b> <del>10:30 Exercise</del>
18 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	19 9:30-2 <b>Foot Clinic</b> 9:30 Chorus 1:00 <b>Christmas Card Making Class</b> 1:00 Canasta 500 Sheepshead	20 10:30 Exercise 12:30 Ceramics 1:00 Cribbage Bridge Dominoes <b>2:00 Officer Dhein Crime Prevention-L</b>	21 8:15 <b>Fireside trip</b> 9:00 Needlework 10:00 <b>Wii with June!</b> 1:00 <b>BINGO!</b> 1:00 Sheepshead~LL 7:00 Sheepshead	22 9:00 Hand and Foot 10:30 Exercise
25 <b>8:15 Shopping Trip Departs</b> 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	26 9:30-12 <b>Foot Clinic</b> 9:30 Chorus 1:00 Canasta 500 Sheepshead	27 10:30 Exercise 12:30 Ceramics 1:00 Cribbage Bridge Dominoes	28 <b>Happy Thanksgiving!</b> 	29 <b>CLOSED</b>

### Birthdays

- |                     |                       |
|---------------------|-----------------------|
| 1 Kathy Harvey      | 22 Phyllis Blanc      |
| 6 Eunice Westcott   | 23 Theresa Brukwitzki |
| 8 Judie Braam       | 25 Eunice Leemon      |
| 10 Bette Carr       | 27 Sal Natoli         |
| 11 Karen Grady      | 28 Bob Sommer         |
| 11 Janet Traxel     | 29 Richard Victoria   |
| 12 Jodie Wolf       | 29 Orrene Reblin      |
| 13 Lu Newberry      | 30 Judy Ferlemann     |
| 13 John Noldin      |                       |
| 14 Celia Albers     |                       |
| 15 Trudy Zarling    |                       |
| 16 Barbara Lindholm |                       |
| 16 Violet Roeske    |                       |
| 17 Mary Richmond    |                       |

### Special Events this Month:

- Movie and Lunch.** See Lynn. November 12, 10:00 a.m.
- Medical Hearing Associates, Ltd.,** November 12, 1:00 p.m. "Hearing aids today – not what they used to be."
- A.D.R.C. Specialist Here,** November 11, 11:00 a.m.-12:30 p.m.
- Senior Meeting & Entertainment by Ray Titze!** Nov. 14, 1:00 p.m.
- Texting Workshop,** November 15, 9:30-11:30 a.m.
- Christmas Card Making Class,** November 19, 1:00 p.m. Sign up!
- Crime Prevention Presentation,** Wednesday, November 20, 2:00-3:00 p.m. Join Officer Joel Dhein, Crime Prevention, Public Relations Officer for a presentation you don't want to miss!
- Wii Gaming,** November 21, 10:00 a.m.
- BINGO,** November 21, 1:00 p.m. Prizes donated by Comfort Keepers.

# December 2013

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	3 9:30 Chorus 1:00 Canasta 500 Sheepshead 3-5 <b>Christmas Party!</b>	4 9:30 Shuffleboard 9:30 <b>Blood Pressure Check</b> 10:30 Exercise Class 12:30 Ceramics 1:00 Cribbage/Bridge Dominoes	5 9:00 Needlework 9:30-2 <b>Free Hearing Screenings</b> 1:00 <b>DKG Book</b> 1:00 Sheepshead 7:00 Sheepshead	6 9:00 Hand and Foot 10:30 Exercise
9 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	10 9:30 Chorus 9:30-2 <b>Foot Clinic</b> 1:00 Canasta 500 Sheepshead	11 8:15 <b>Fireside trip</b> 9:30 Shuffleboard 10:30 Exercise Class 12:30 Ceramics 1:00 Cribbage/Bridge Dominoes	12 9:00 Needlework 9:30 <b>Movie w/Lynn</b> 1:00 Sheepshead 7:00 Sheepshead	13 9:00 Hand and Foot 10:30 Exercise
16 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	17 9:30 Chorus 1:00 Canasta 500 Sheepshead	18 9:30 Shuffleboard 10:30 Exercise 11:30 <b>Christmas Lunch</b> 1:00 Cribbage/Bridge Dominoes	19 9:00 Needlework 10:00 <b>Wii w/June</b> 1:00 Sheepshead 7:00 Sheepshead	20 9:00 Hand and Foot 10:30 Exercise
23 9:30-2 <b>Foot Clinic</b> 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	24 CLOSED 	25 	26 9:00 Needlework 1:00 <b>BINGO</b> 1:00 Sheepshead 7:00 Sheepshead	27 9:00 Hand and Foot 10:30 Exercise
30 10:30 Exercise 1:00 Bridge Dominoes Scrapbooking	31 CLOSED 	January 1, 2014		

## Birthdays

1 Bernice Noster	17 Barbara DeBroux
2 Ronald Carr	21 Marion Pinzer
5 Kathryn Schultz	21 Juergen Haber
9 Linda Cooper	21 Jim LaValle
9 Earl Witte	22 Edith Stefaniak
12 Darlene Sukowski	25 Joseph Smith
13 David Meinholz	26 Ellen Holyoke
13 Betty Zimmermann	
14 Fred Gann	
14 Marion Meganck	
14 Vivian Sherman	

## Special Events this Month:

**Christmas Party**, Tuesday, December 3, 3:00-5:00 p.m.

**An Avada Hearing Specialist**. Thursday, December 5, 9:30 a.m.-2:00 p.m. Free hearing screenings, clean hearing aids and register participants for a free amplified phone through the TEPP program. Screenings take about 15 minutes.

**Movie, "Home for Christmas, A Golden Christmas 3"** Thursday, December 12, 10:00 a.m. Come for a movie and lunch with Lynn.

**Comfort Keepers Bingo BINGO!** December 26, 1:00 p.m.

## Day Trip Policies

Please park your car farthest from the entrances.

**Policy:** We have the right to cancel the trip if we do not have the minimum number of participants to cover the cost, so please sign up before the deadline. Cancellations within 3 weeks will be refunded only if someone fills the spot. Due to the limit of staff, the Center cannot provide one-on-one assistance during the event, class or trip.

## Shopping Trip to Fox River Mall, Appleton

**Monday, November 25, Depart 8:15 a.m. Return 6:00 p.m.**

Cost: \$25 for a deluxe motor coach, coupons, snacks and a beverage. Lunch is on your own. Door prizes will be drawn on the bus. Enjoy great shopping at over 180 of your favorite stores. Reservations and payment due November 8.

## A Fireside Christmas

**Thursday, November 21 and Wednesday, December 11.**

See pg 4.

## Admirals v. Bulldogs

**Wednesday, February 5. Departs 3:30 p.m.**

Join us as the Milwaukee Admirals pull out all of the stops to celebrate Seniors. When you arrive on our coach bus you get to play Bingo with prizes and a memento of the occasion. Receive Center Ice tickets, with very few steps, to cheer on your Milwaukee Admirals challenge the Hamilton Bulldogs from Ontario, Canada. During Intermission, watch a local team play hockey. What a great outing this will be as we join other area seniors. Our Choir Director Sarah Roesch will lead whoever would like to sing "God Bless America." Fee: \$35 includes deluxe motorcoach transportation, prize bingo before the game, great seats and a memento of the occasion. Deadline for tickets is January 27. No refunds are given after this date. Bus times may be adjusted slightly.

## Body Worlds: The Cycle of Life

**February 25, 2014**

The museum will soon announce this new exhibit building on the popularity of the original Body Worlds exhibit. The day will begin at the Milwaukee Public Museum and continue to lunch at another location. Departure time, menu and cost to be announced soon. Payment due: February 3.

## Brewer Games

**Thursday, May 15 and Wednesday, June 25, 2014.**

**SAVE THE DATES!!!** You will be able to sign up for these games beginning Thursday, January 16th at our annual membership pizza party and travel show.

## Milwaukee Progressive Dinner

**April TBA, 2014**

Enjoy a progressive dinner at lunch in which we will provide history of Milwaukee's immigrant tastes by highlighting three ethnic restaurants in Milwaukee during a 3-course meal (appetizer/salad, entrée and dessert). Each course at a different location. More to be announced when the date is confirmed!

## Extended Trips

See trip fliers for detailed itineraries with pricing.

**Branson Christmas (Mayflower Tours) 4 Days, 6 Meals. November 14-17, 2013.** See 5 great shows: Daniel O'Donnell, Shoji Tabuchi, Brett Family Christmas, SIX, and The Twelve Irish Tenors.

**Texas Cowboy Country Value Tour (Mayflower Tours) Depart April 26, 2014. 9 Days by Motorcoach, 13 Meals.**

**Tropical Costa Rica (Collette Vacations)**

**March 26 - April 3, 2014. 9 days, 14 meals.** A few of the highlights include: San Jose, Coffee Plantation, Guanacaste, Monteverde Cloud Forest, Hanging Bridges, Arenal Volcano, Lake Arenal Cruise, Cooking Demonstration, Cano Negro Refuge, Zarceno, National Theatre.

**Blue Danube River Cruise (Mayflower Tours)**

**September 29, 2014. 11 Days, 23 Meals.**

Czech Republic, Germany, Austria, Slovakia and Hungary.

**Italia Classica (Collette Vacations)**

**November 3 - 11, 2014. 9 days, 10 meals.**

Highlights: Rome, Colosseum, Florence, Venice, St. Mark's Square, Milan.

## ~ Trips and Events ~ 2013

November 1	Ho Chunk with High Rollers
Nov. 14-17	Branson Christmas
November 21	A Fireside Christmas - Fireside
November 25	Shopping at Fox River Mall, Appleton
December 11	A Fireside Christmas - Fireside

## 2014

Thursday, January 16, Annual Membership Pizza Party and Travel Show. Plan on attending to find out more about 2014 trips. Save money and travel with your Senior Center!

January 16	Senior Meeting and Travel Show
February 5	Admirals v. Bulldogs
February 11	Valentines Party
February 25	Body Worlds at Milwaukee Public Museum
April TBA	Milwaukee Progressive Dinner
May 15	Brewer Game
May 29-June 19	Ozaukee Senior Games!
June 17	Ozaukee Senior Conference at G.H.S.
June 25	Brewer Game
August TBA	Arlington Race Track

2014 Fireside dates on page 4. Parties on page 8.

Please let us know if there is somewhere you would like to go and we will look into it.

## Gift Certificates

When your families are wondering what to get you for your birthday or holiday, tell them to get a gift certificate from the Grafton Senior Center. They can be purchased for any amount and used for any day trip, party or special event.

## Generations on Line

Generations on Line is a national non-profit program that promotes Internet access and literacy to elders 65 and over who are not familiar with computers. It provides simplified Internet access and on-screen basic training for elders for **FREE!** We have a computer set-up for this program in the dining room where you can learn at your own pace.

A few benefits it offers:

- Simplified email, with a free email account
- Internet searching in 36 languages
- Intergenerational section
- Easy links to other websites: Medicare, Social Security, Veterans information and newspapers from around the world.

Senior Friendship Club member, Frances Bigari has offered to help anyone who would like to try this program. Please call her at (262) 377-6428 for an appointment.

## Senior Scrapbook Free activity!

Help preserve some great memories at our Senior Center! We have photos and newspaper articles we would like to display in our scrapbooks. We will provide the materials. No experience necessary. The group meets on Mondays from 1:00-3:00 p.m.

## Parties

### Christmas Party

Tuesday, December 3, 3:00-5:00 p.m.

Menu: Carved Turkey, Stuffing, Ham, Potatoes and Gravy, Mixed Vegetables, Bread and Butter, Eggnog, Coffee, and Cake. Entertainment by our own Golden Tones Chorus!

### Membership Pizza Party & Travel Show

Save the Date! Thursday, January 16, 2014 (3rd Thursday) at 1:00 p.m.

### Valentine's Party. Tuesday, February 11, 2014.

Entertainment by the Kennedy G Group

### St. Patrick's Party - Date to be announced soon

## Delta Kappa Gamma Book Discussions

This group meets on the first Thursday of the month. Delta Kappa Gamma received a grant to purchase large print books, audio books and CD players in order to lead book discussions with groups of seniors residing in Ozaukee County. Upcoming books: November 7: **Dandelion Summer** by Lisa Wingate; December 5: **Stormy Weather** by Paulette Giles; we will skip January and reconvene February 6th: **Pride and Prejudice** by Jane Austen; March 6: **Home at Last** by Mequon resident, Anna Schmidt. Sign up in the office. **FREE!** Questions call 377-6380.

## Computer Classes Offered

Small classes of 5-7 people with hands-on training. Specific class subjects will be taught by **Sherry** through **Sandia Creations** on Friday mornings. Choices: Computer Basics Part 1 and 2; Internet; Email, Microsoft Word 2010; Email Attachments; Digital Cameras Beginner, iPad and Facebook. Agendas based on the needs of each class. You must pre-register for these classes. Call 375-5311. Fee \$38. Students are welcome to bring their own laptops to class, or one will be provided for class use.

**New! Texting Workshop**, 9:30-11:30 a.m., Friday, November 15. Fee: \$23.00.

Have a new smart phone, but need help texting? If the kids and grandkids are begging you to text, now is the time to learn! This two-hour workshop will get you started. Learn how to access the messaging app on your phone and start texting in class. You can do it! Students are asked to bring their cell phones to the workshop.

**Computer Basics Part 1**, 9:30-10:30 a.m., Fridays, January 17, 24, 31 and February 7. Fee: \$38.00.

This class is designed for individuals that have never used a computer and for those who would like to refresh their memory on basic computer function. We will take a very basic look at how to power on and off the computer, use the mouse, navigate the Start Menu and open and close programs. You will learn Word Pad, which is a basic program, similar to Microsoft Word. Students are welcome to bring their own laptops to class.

**Beginner iPad**, 10:45-11:45 a.m., Fridays, January 17, 24, 31 and February 7. Fee: \$38.00.

Maybe you received an iPad for Christmas and now you need to learn how to use it. This class is for you! This class is for those new to iPad. In this beginner class, learn how to use the Apps such as calendar, camera, notepad, iBooks, Internet and other applications. Students are required to bring their own iPad to class.

**Computer Basics Part 2**, 9:30-10:30 a.m. Friday, February 21, 28, March 7 and 14. Fee: \$38.00.

Learn how to create shortcuts on the desktop, use the recycle bin, personalize your desktop, name and organize folders, and navigate the control panel and printer dialog box.

10:45-11:45 a.m. time slot from February 21-March 14 is currently open for whatever topic has the most interest. Please see Senior Center staff for your suggestions.



**AGING AND DISABILITY RESOURCE CENTER OF OZAUKEE COUNTY  
SENIOR DINING HOT MENU**



**NOVEMBER 2013**



Lunch is served at noon      \*menu subject to change      262-238-8120 or 262-284-8120

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Salisbury Steak in Gravy Mashed Potatoes Cream Style Corn Bread/Butter Cookie <b>Alt. Vanilla Wafer</b>
4	5	6	7	8
Baked Ham Mustard German Potato Salad Brussel Sprouts Bread/butter Pudding <b>Alt. Diet Pudding</b>	Baked Fish Tartar Sauce Baby Red Potatoes/Butter Cucumber Salad Rye Bread/ Butter Cake <b>Alt. Diet Cake</b>	Italian Chicken Breast with Penne Pasta Marinara sauce Romaine Salad French Dressing Peaches Bread/Butter Pudding <b>Alt. Diet Pudding</b>	Sweet Sour Pork with Steamed Rice Soy Sauce Oriental Blend Vegetables Dinner roll/butter Mandarin Oranges Cookie	Cream of Broccoli Soup/Crackers <b>HDM: Tomato Juice</b> Hamburger on Bun Ketchup/Mustard Baked Beans Fruit Cocktail Gingerbread <b>Alt. Plain Cake</b>
11	12	13	14	15
Spaghetti with Meat Sauce Italian Blend Vegetables Warm Breadstick/Butter Pineapple Pudding <b>Alt. Diet Pudding</b>	Roast Chicken Mashed Potatoes/Gravy Baby Dilled Carrots Bread/butter Cookie <b>Alt. Plain Cookie</b>	Roast Pork/gravy Rosemary Potatoes Sweet Sour Red Cabbage Rye Bread/butter Apple Crisp <b>Alt. Cinnamon Apple slices</b>	Beef Stew with Potatoes and Vegetables Baking Powder Biscuit/Butter Pears Bar <b>Alt. Angel Food Cake</b>	Crab Pasta Salad Three Bean Salad Peach Half Croissant/Butter Gelatin Dessert <b>Alt. Diet Dessert</b>
18	19	20	21	22
BBQ Pork Riblet on Bun Potato Salad Baked Beans Mandarin Oranges	Chili Tossed Salad/Dressing Cornbread/Butter Tropical Fruit Brownie <b>Alt. Lorna Doones</b>	<b>Thanksgiving Dinner</b> Roast Turkey Sage Dressing/Gravy Cranberry Sauce Green Bean Casserole Dinner Roll/Butter Pumpkin Pie/Whipped Topping	Healthy Baked fish Tartar Sauce Au gratin potatoes Creamy Coleslaw Rye Bread/Butter Pudding <b>Alt. Diet Pudding</b>	Cheesy Cauliflower Soup/Crackers <b>HDM: California Blend Vegetables</b> Grilled Chicken Patty on Bun Tomato/Mayo Fresh Fruit Cookie <b>Alt. Plain cookie</b>
25	26	27	28	29
Italian Meatloaf Parsley Boiled Potatoes/Butter Winter Blend Vegetables Bread/Butter Fruit	Sweet Sour Pork over Steamed Brown Rice Soy Sauce Oriental Vegetables Dinner Roll/Butter Mandarin Oranges Cookie	Vegetable Soup Crackers <b>HDM: Mixed Vegetables</b> Sloppy Joes on Bun Pasta Salad Pudding <b>Alt. Diet Pudding</b>	<b>Thanksgiving Holiday No Meals Delivered All Senior Dining Centers Closed</b>	<b>Thanksgiving Holiday No Meals Delivered All Senior Dining Centers Closed</b>

*Note:* Frozen desserts or Soup are not available for Home Delivered Meal (HDM) and a alternative vegetable or dessert choice will be available. Menu subject to change.

"PLEASE CALL BY NOON TO  
ORDER OR CANCEL A MEAL THE DAY  
PRIOR TO RECEIVING THE MEAL."